

TEEN SPACE

Teen Space provides teenagers with social-emotional support and builds a safe place to discuss topics important to them. Teen Space will address the needs of teenagers around alcohol or substance use, develop awareness of the consequences of their use, learn how to cope with stress, and increase self-esteem.

Ages 13-18 Open Enrollment

Starting Thursday, February 4, 2021 5:00-6:00 PM

Intake Fee: \$20 / Session Fee: Sliding Scale

For information call: (510)629-6210 or

email: adelconte@alamedafs.org

(Currently offering this group through Zoom)

Alameda Family Services is a non-profit family services agency.
Facilitators are supervised by a licensed psychologist.