



Alameda Family Services

Changing Lives, Building Community, Since 1969

AGENCY UPDATE

By Katherine Schwartz, Executive Director

Thank you all that attended Alameda Family Services' 2nd Annual Sunset Sip fundraiser. It was a huge success and raised over \$20,000 for an important cause, mental health!

A special thank you to all our amazing sponsors. Please know that your generosity is deeply appreciated, as the event would not have been possible without your generous contribution. Our gratitude also goes out to every individual who made the decision to support Alameda Family Services and we hope to see you again soon at our next event.

THANK YOU TO OUR HOST
AND OUR SPONSORS



SAVE THE DATE

Senior Connections & Resource Information
Wednesday, October 18, 1:00 p.m. – 2:00 p.m.
Location: Room D

The Senior Connections Case Manager provides resources, referrals, and information to assist with working through life's complex issues. Program provided by Alameda Family Services and funded in part by the Mastick Senior Center Advisory Board. No registration required. If you have questions, please call 510-747-7505.

Donate at alamedafs.org/donate



SPOTLIGHT: YOU ARE LOVED

School Based Services



School Based Services is back in session, kicking off with a strong start to the 2023-2024 school year. We are welcoming back returning staff, along with new clinic coordinators, therapists, and a new clinical supervisor to support our expanding team.

The “You Are Loved” campaign, which takes place during Suicide Prevention and Awareness Month in September, continues to be a successful outreach initiative among AUSD students. With support from our Youth Advisory Board and SBS staff, it has turned into one of our largest and most well attended school-based behavioral health campaigns. Outreach for this month includes tabling events, workshops, social media campaigns, flyers/signage around campus, fishbowl discussions with clinical staff, and other various activities and events to promote awareness around critical mental health issues for youth.

PROGRAM UPDATES

Early Childhood & Family Support

Our staff started off the year with a two week pre-service training with team building events. Then we ended our training with a wonderful BBQ lunch together. Looking forward to a wonderful school year together!

Behavioral Health Care Services

A big welcome to the new clinical training cohort: Adriana, Alex, Annalee, Ari, Em, Lee, Nicole, as well as Siqi, and returning are Riley and Sara! These ten interns and trainees are pursuing their doctorates in psychology. They provide family, individual, couples, and group therapy in the clinic and community. Therapy is offered in English and Mandarin. Mariah Harnish, MA, also joined our team in July as our agency's Intensive Care Coordinator, supporting children, youth, and families with high needs who meet criteria for intensive care coordination services and connecting the families with providers to ensure comprehensive services are supportive to the families.



Picture: Some of the SBS team helping out with “You are Loved” candy gram tabling event at Wood Middle School.

